WHAT CAN I DO WITH A MAJOR IN … PHYSICAL EDUCATION

OCCUPATIONAL OVERVIEW:
This career path will lead to a position teaching and coaching, typically in a K-12 setting, related to areas around physical education, exercise, sports, recreation, nutrition, wellness and health.

EMPLOYMENT REQUIREMENTS:
All states require public school teachers to be licensed in education. Each state will have requirements and regulations on teaching. Check your State Board of Education for requirements.

Consult O*Net for more information on the specific KSAs (Knowledge, Skill, Ability) that are needed for this career.

GENERAL WORK ACTIVITIES:
• Classroom Management
• Communication (verbal and nonverbal) skills
• Creativity and Design
• Curriculum Management
• Decision-Making Abilities
• Knowledge of educational theory and techniques
• Performance and Evaluation Management
• Report writing and gather information
• Strategic Planning
• Teaching and Instruction Methodology
• Training

INDUSTRIES & TARGET EMPLOYERS:
A variety of employers specifically recruit UNM students and alumni. Consult UNM’s Lobo Career Connection for a complete list of employers and current job postings. Speak with a Career Development Facilitator at the UNM Office of Career Services for help with identifying employers or additional resources for your occupation of choice.

Athletic Training:
Personal and Professional Consultations, Resorts, Schools/Colleges/Universities, Healthcare organizations, sports facilities and sports teams

Business:
HR, Corporations, Marketing, Test-taking companies, publishers, sales, customer service organizations, not for profit organization, Training and Development, consultation, etc.

Childcare:
Independently owned businesses, corporate childcare services, military childcare, religious organizations, daycare centers, etc.

Community Services:
Not for profit, YMCA, YWCA, Camp programs, Residential Treatment Facilities, Rehabilitation programs, workforce programs, specialty group programs, adoption agencies, etc.

Continuing/Certificate Programs:
GED programs, Adult Education, Continuing Education programs, Board of Education, community colleges, professional associations, specialty populations (Prison or Correctional systems, Veteran's Reintegration programs, K-12 after school programs, etc.)

Education:
Research, teaching, athletic areas
Government:
Research, Federal, state or city government, teaching, evaluation

Physical Fitness:
Fitness/training coaching, Gym coach, personal trainer, health club management, senior/community centers, healthcare facilities, resorts, cruise ships

Social Services:
Counseling, residential treatment facilities, youth services, senior services, Welfare and Health Departments, case management

SUGGESTED STRATEGIES
• Consider specializing with a double major, minor, or concentration in another area.
• Gain related professional experience through involvement in internships, student employment, Co-ops, and/or volunteer opportunities.
• Shadow professionals in the field to gain a better understanding of the occupation and to build relationships with professional mentors.
• Build your network and get involved on campus through student organizations and campus events. Find organizations and events at the Student Activities Center website.
• Attend career related campus events such as career fairs, company information sessions, and or career workshops.
• Students who are interested in graduate school should maintain a high undergraduate GPA and develop relationships with faculty and community leaders.
• Speak with mentors and faculty about career opportunities.
• Job leads can be found on your department’s website, list-serv, newsletters, and social media sites.

STATE AND NATIONAL WAGES:
Adapted from CareerOneStop (2013)

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<th>Location</th>
<th>10%</th>
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*Data obtained from Career One Stop

PROFESSIONAL ORGANIZATIONS:
National Association for Sport & Physical Education
American Alliance for Health, Physical Education, Recreation and Dance
National Education Association
American Federation of Teachers
American School Counselor Association
American Library Association
American Association of School Administrators
National Center of Alternative Certification
UNM College of Education
New Mexico Department of Education
New Mexico Association for Health, Physical Education, Recreation and Dance (NMAHPERD)

http://online.onetcenter.org

http://www.bls.gov/oco/