

SELF ASSESSMENTS:

As you begin your student employment experience, it is important to start off with a self-assessment. What areas do you feel you are competent in – AND – what areas might need to be goals? The following tables are designed to help you look at your skills sets and begin thinking about where to go from here – (hint: this will help you set goals with your supervisor!). You can share this page with your supervisor – or use it for your own self-reflection.

| Skill Set and sub-set | How did you develop this skill? Use examples | How could you further develop this skill with your current student job? |
|------------------------------|---|--|
| Communication | | |
| Critical Thinking | | |
| Collaboration | | |
| Research and Assessment | | |
| Professionalism | | |
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*Use the blanks to think of other skills sets you are using or would like to use!