

CAREERS FOR

Nutrition and Dietetics

MAJORS

Dietitians and nutritionists are experts in the use of food and nutrition to promote health and manage disease. They advise people on what to eat in order to lead a healthy lifestyle or achieve a specific health-related goal. The mission of [UNM's Nutrition and Dietetics B.S. program](#) is to educate individuals for the profession of dietetics by providing a sound background in foundational knowledge and skills needed in areas of dietetics practice: community, clinical, and food service management.

The University of New Mexico is one of two programs in the state that is accredited by Accreditation Council for Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (AND).

Most states require licensure and will vary by state: [How to become a Registered Dietitian Nutritionist](#) (RDN). New Mexico requires licensure to practice as an RDN.

Industries & Target Employers

- Community and Public Health/Government Agencies: Home health organizations, Social Services, Department of Health, US Public Health Service, VA Hospitals, Day care centers, Local and state run agencies
- Consulting: Private practice (doctors, nursing homes, specialization clinics), sports teams, health clubs, spas/resorts, media outlets (magazines, TV, blogs), product development, research, sales,
- Education K-12, colleges/universities, medical schools
- Food Management: Schools, Organizations, Correctional facilities (private and state run), restaurants, hotels, resorts, camps (adult and children)
- Hospitals, Health care facilities, Fitness centers, Diabetes/Dialysis Centers, private health care
- Physical and Occupational Therapy clinics: Teaching, Research, clinical private practice, consultation, hospitals, clinics, healthcare facilities, government, residential treatment facilities, corporations and organizations

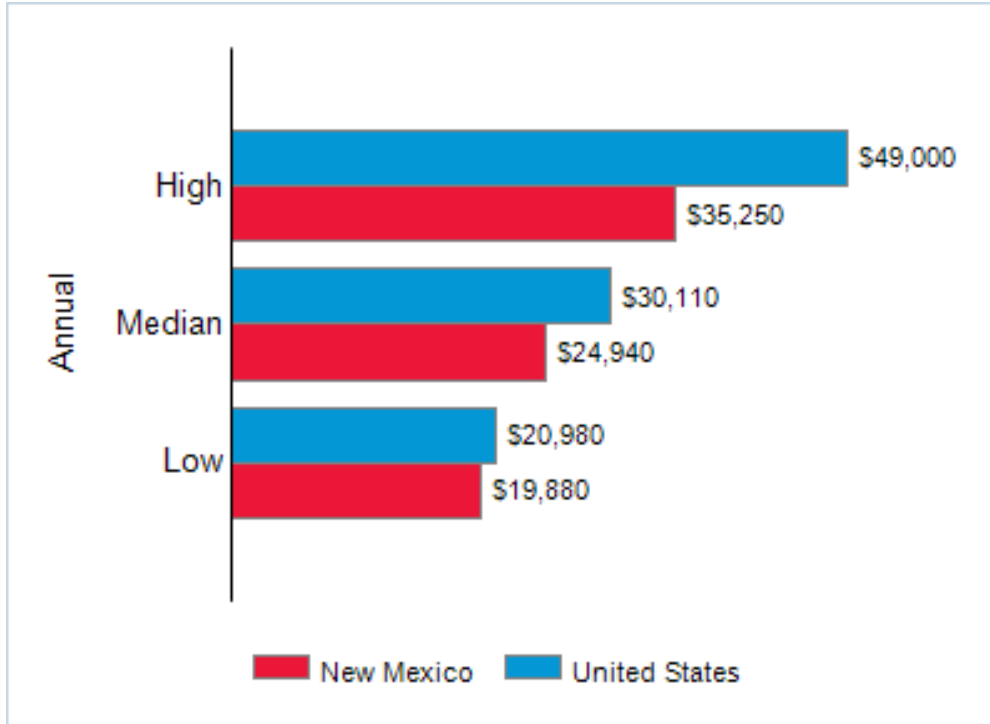
Top Companies*

[University of New Mexico](#)
[Presbyterian Healthcare Services](#)
[Advanced Healthcare, Inc.](#)
[Global Nutrition Services](#)

[Albuquerque Neuroscience](#)
[Inspirations Early Intervention](#)
[Indian Health Service](#)

*These employers have hired UNM graduates from UNM College of Education and Human Sciences.

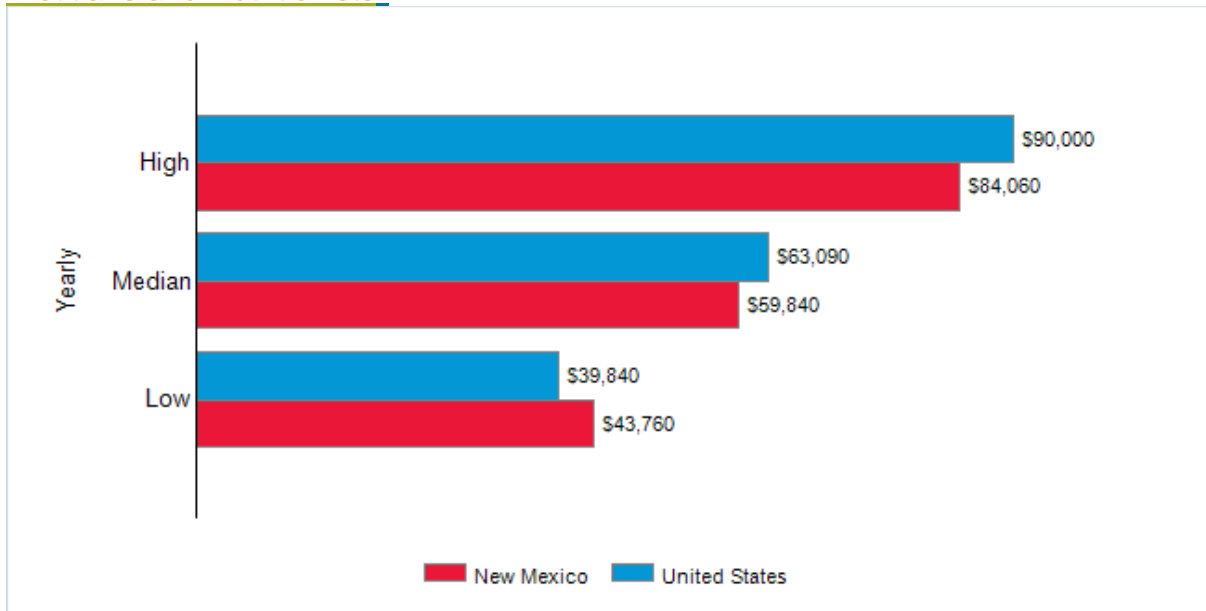
Salary Information*
Dietetic Technicians**



[*Career One Stop](#)

**Requires an Associate's Degree

Dietitians and Nutritionists*



[*Career One Stop](#)

Tips

- UNM's Nutrition and Dietetics Program offers a [post-grad Dietetic Internship](#) that will assist graduates in becoming a Registered Dietician Nutritionist.
- Students cannot become a registered Dietician Nutritionist without a post-grad internship.
- Working as a dietitian requires a minimum of a Bachelor's degree, but sometimes will require higher education.
- Discover whether being a nutritionist or dietitian is a good fit for you! Conduct an [informational interview](#) with a professional to get a real picture of this career field.

Learn More

[Academy of Nutrition and Dietetics](#)

[The American Society for Nutrition](#)

[The Commission on Dietetic Registration](#)

[New Mexico Nutrition and Dietetic Practice Board](#)

[New Mexico Academy of Nutrition and Dietetics](#)

[Register for Handshake: Jobs for Lobos](#)

[O*NET: Dietitians and Nutritionists](#)

[Occupational Outlook Handbook: Dietitians and Nutritionists](#)

[Student Activities Center: -Undergraduate Nutrition Student Organization \(UNSO\)](#)

[Buzzfile: Employers of Nutritional Science majors](#)

Questions?

Visit UNM Career Services in person! See our website for onsite walk-in hours.

Email onlinecareerservices@unm.edu or call 277-2531 to schedule an appointment.